

F Y I

February, 2012 (Shevat/Adar), 5772

News from The Riverdale Y

Alana Llama Sunday Film Club for Kids —FREE!



**Sundays at 10:30 am
February 5—February 26**

The Alana Llama film experience is special...Your young child can enjoy G rated favorites on our huge high-def screen in a comfortable, child-friendly environment. Make plans to meet friends on cold winter Sunday mornings for a movie, free popcorn, and a hug from Alana Llama herself!

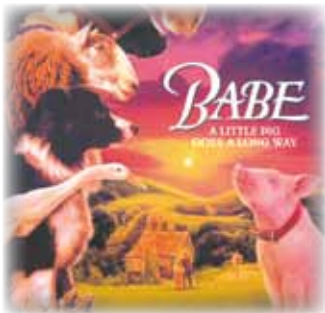
**Sunday, February 5
Milo & Otis**



**Sunday, February 19
Monsters, Inc.**



**February 26
Babe**



Closing Day- following the movies, come outside for a REAL PETTING ZOO! There will be a pig (of course), 2 goats, and a sheep for hands-on exploration.

New February Membership Incentive



and save up to \$150*
through February when you join the Y
*** depending on your membership/new members only**

New Pool Sunday Hours

Our indoor heated pool will now be open on Sundays starting at 7 am



Riverdale Y Day Camp February Discount

Register for camp before February 28 and save up to \$225 for the full summer, or \$25 per week that your child participates at any of our camps.

Early Childhood Camps from 2.5 - 5 years
Kehilla with 92 Street Y from K - 6th Grades
Performing Arts Camp from ages 6 -14 years
Specialty Camps including Photography, Specialty Sports, and Young Artists
Teen Travel Adventures from Grades 7-10

Cannot be combined with any other offer.
For more information, visit www.riverdaley.org.

Inside you'll find -



OPEN HOUSE
Early Childhood Center- Feb. 14 at 7pm. More on page 2



Winter Cooking
More on page 6



Guys and Dolls coming this February
More info on page 7

Early Childhood Prepares for Tu B'Shevat

Tu B'Shevat is right around the corner and all early childhood classes are busy preparing for their planting in honor of the celebration. A hint of Spring permeates the air during this special holiday. Our next Giant Play Date is February 12th with special features for families around our membership drive. Look for extended programming that day in the gym and pool. But don't forget to RSVP when you see the special announcements.

Now is the time to register for all classes. The spaces are filling up, especially in the Universal PreKindergarten class. Remember you do not have a guaranteed spot until you register. There will be a special **open house on February 14 at 7:00 pm** in the Early Childhood Center. For more information contact Wendy Pollock at 718-548-8200 ext. 220 or email at WPollock@RiverdaleY.org.

Giant Family Play

Giant Family Play Sunday February 12.

We invite everyone in the family to participate. We are offering a pass for group exercise class (mom), or a swim with your child (any parent and child), use our fitness center, etc. Come and enjoy this special Sunday for the entire family.

Get Ready for the Carnival...

Esther's Closet is Back!

Recycle your Purim costumes and benefit the Y ... consume less, create less waste, spend less, and clean out your closet!

Esther's Closet will be held on Sunday, February 26, from 12:30 - 2:00 pm.

Here's how it works: Bring your gently used costumes to donate to the Y (2/19 - 24).

At the exchange on Feb. 26, browse "new" costumes and purchase them for a nominal fee (most will be \$5).

So COME ON!

Empty the closets!

Funds raised will support the costume fund of the Y's children's theater companies.



Mid-Winter Camp for the Kids

February 20th-24th

Registration Deadline: Friday, February 17th

Each day of your children's Mid-Winter Break will be action packed with their favorite activities. Specialty classes will include sports, arts, gymnastics, karate, drama and much more! In addition to these exciting activities, we will also have swimming offered every day. Please send your child with a bathing suit, a towel and swim cap. Swim caps are required to use our pool and are available for purchase at the front desk of the Riverdale Y. In addition, please send your child with a nut-free/kosher (non-meat, non-shellfish) lunch. We look forward to seeing you at camp!

Fee: \$70.00 per day. Member Rate: \$55.00 per day
(Special Rate for families enrolled in our After-School Programs)

SPECIAL: Register for all 5 days and save!

Cost for Members is only \$250, and for Non-Members is only \$310.

All programs will run from 9:00 AM - 5:00 PM.

Early and Late Stay is available 8:00 AM- 6:00 PM: \$7.00

Member/ \$10.00 Non-Member for each option per day.

Children who are not enrolled in the early/late stay coverage

option will be expected to pay the fee upon arrival.

Registration after the deadline dates will incur a \$10 late fee per day, if space is available.

Call Roxanne Parets at 718-548-8200 ext. 229 or email RParets@RiverdaleY.org

Hold the Date for our Huge Purim Carnival Sunday, March 4 from 10am-1pm



different fun
art activities
music
costume parade,
etc.
Check our website
for details



Triathlon for Fitness and Fun!

Triathlon at the Y

A triathlon is a multi-sport event involving the completion of three continuous and sequential endurance events. Its most popular form involves swimming, cycling, and running in immediate succession over various distances.

This indoor event will allow athletes of all levels to stay fit through the winter months without the environmental constraints preventing you from staying in shape. Cumulative distance will place you in overall position.

EVENT DATES:

Feb. 5, 2012
March 4, 2012
April 1, 2012

STARTING HEATS:

5:00pm, 5:25pm, 5:50pm; 6:15pm; 6:35pm; 7pm; 7:25pm

*FEE: (non-refundable) \$35.00 per event date

* 1 FREE Riverdale Y 5k race entry for May 6, 2012

Event time: 5:00pm-9:00pm

For more information contact Lisa Bruskin at 718-548-8200, ext. 241 or email LBruskin@RiverdaleY.org

Tai Chi Classes are Beginning



Sundays, Jan. 29-May 6
10am-11 am
Cost: \$280
Y Members: \$210

Experience the physical training of T'ai Chi. Through coordination and relaxation, this slow, repetitive work is a process said to gently increase and open internal circulation and strength. T'ai Chi develops balance, flexibility while evoking calm emotions and focuses the mind.

No previous experience is required. No special equipment or clothing required. For more information contact Lisa Bruskin, 718-548-8200, ext. 241 or email LBruskin@RiverdaleY.org

Healing through Acupuncture at the Y

About Acupuncture and Chinese Medicine ~ Chinese Medicine is a complete medical system incorporating acupuncture, herbal therapy, food recommendations, and tuina for the treatment of ailments. In addition, Chinese medicine enhances your own healing power from injuries/trauma, immunity and adds to the capacity for you to live in harmony with body, mind and soul.

Through its origins, acupuncture has been embedded in the concepts of Traditional Chinese Medicine. Its general theory is based on the premise that bodily functions are regulated by the flow of an energy-like entity called qi. Acupuncture aims to correct imbalances in the flow of qi by stimulation of anatomical locations on or under the skin called acupuncture points, most of which are connected by channels known as meridians.

Ailments that can be effectively treated with acupuncture included but are not limited to:



- Colds, flu and allergies
- Stress
- Indigestion
- Anxiety
- Insomnia
- Women's Reproductive Health
- Facial Acupuncture and Rejuvenation
- Smoking Cessation
- Musculo-skeletal & Neurologic
- Mental & Emotional ailment
- Acute/Chronic Pain

Xenia (pronounced SEN-YA) is licensed by the New York Medical Board both in Acupuncture and Chinese Herbal Therapy. She is also board certified by the National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM). Xenia holds a Masters of Oriental Medicine from AOMA (Graduate School of Integrative Medicine, a four year full-time program), which is the first and only school of Acupuncture and Oriental medicine to be accredited by SACS (Commission on Colleges of the Southern Association of Colleges and Schools) and is a leading institution in the field of acupuncture and Chinese medical education nationwide. In addition to her accreditation, she has over 1000 clinical hours and specialized training in Facial Rejuvenation Acupuncture.

New Pool Schedule and Classes

The Y will now be opened on Sundays for early lap swimming from 7-8am and on late Saturday evenings from 7-9:45 pm.

A Note from our Aquatics Director

Hello Riverdale YM-YWHA members and guests,
February is here and I wanted to share some updates with you regarding what's new in Aquatics.

Riverdale Rapids: The swim team will be having their first meet on Thursday February 9th, 2012 at the Whitehall Club located at 3333 Henry Hudson Parkway. There is street parking available at the rear of the building opposite the Henry Hudson Parkway. All swim meets start at 5pm promptly and end around 6:15pm. Swimmers and their parents can meet us at the Whitehall Pool or ride on the Riverdale Y bus from the Y which departs at 4:30pm sharp from the lobby of the Riverdale Y! Children who are not picked up by their parents at the meet will be brought back to the Riverdale Y for pick up. We look forward to seeing everyone (swimmers and families) at the first swim meet for the Rapids for 2012. Good luck swimmers!

Aquatic Classes: The next round of classes for Aquatics gets off right after President's Week and goes through to Passover from February 26th to April 5th, 2012. Don't wait too long to enroll as registration has already started for the next set of swim lessons. This will also be a 6 week offering of the same classes offered right now with a new addition to the line-up. A separate email will go out introducing our newest swimming instructor who will be heading the Adapted Swimming lessons for the Riverdale Y and will also be teaching Israeli themed classes for infants through pre-school. Her name is Shiri Sarid and we are so happy to have her onboard with Aquatics.

We are starting a **Water Safety Instructors Program** on March 1st through March 29th and will run Monday and Thursday evenings from 6pm-10pm. The instructor's name is Jon Torre and he is an American Red Cross authorized Instructor Trainer for the Water Safety Instructor program.

For more information regarding any of these programs as well as any class instruction, please contact Paul Taylor at 718-548-8200, ext. 239 or email PTaylor@RiverdaleY.org.

Birthday Parties at the Riverdale Y

We do the work - you enjoy the party!

- Sports & Games in the gym • Swim & Splash in our heated pool
- Ceramic and Clay projects in our art studio

What you do

Call us at (718) 548-8200, ext. 206 • Bring the pizza and cake

- Bring a camera • Bring the kids and have fun • Leave the mess to us!

What we do

- Provide the Party Coordinator • Organize and lead activities
- Set up the area for your party • Provide invitations, plates, napkins, utensils and clean up!

Pool Party (age 7 and older)

Pool time can be anything from all-free swim to games organized by a party coordinator

45-50 minutes of pool activities, followed by a party in the party room

Art Party (age 5 and older)

Art party is organized and run by an art professional

45-50 minutes of an art activity, followed by a party in the party room

Tumble Fun Sports – Come and enjoy 45 minutes of Tumbling Fun on our Bouncy Castle and tumbling equipment! This tailored birthday party for 3-5 year olds takes place on half of the gym with the Riverdale Y's Gymnastics and Sports staff. Our dynamic instructors will coordinate proper tumbling technique exercises while your children are having Tumbling Fun! (15 person party limit.)

Gymnastics – Looking for a bouncy Gymnastics Party with a 40 foot long Bouncy Obstacle Course, a Bouncy Castle, and a Tumbling Tumble Track? This Gymnastics Birthday Party is for you! This tailored birthday party for 5-12 year olds takes place on the full court of the gym with the Riverdale Y's Gymnastics and Sports staff. Our dynamic

instructors will coordinate proper tumbling technique exercises while your children are having Tumbling Fun!

Sports - Come and enjoy 1 hour of a diverse Sports Birthday Party!

This Birthday Party is for 4-14 year olds and takes place on the full court of the gym with the Riverdale Y's Sports staff! Our dynamic instructors will coordinate proper games and exercises with your Birthday Party choice of Hockey, Basketball, Soccer, or Baseball activities!

After you enjoy your Sports, Swim, Tumble Fun Gymnastics, Art, Cooking or Gymnastics birthday party come upstairs to one of our party rooms where the Riverdale Y staff will assist you with your hour long pizza and cake party!

- The party room is available 30 minutes before the party to decorate.
- All food must be Kosher. A party staff will assist you in the party room.
- There is no organized entertainment in the party room.
- To ensure the quality of the party, we limit the number of children to 25 unless other arrangements are made.

Sports Party – ages 4 to 14 - \$315, up to 15 children, \$10 per additional child. 1 hour of gym games.

Swim Party– ages 7 to 14 - \$345, up to 15 children, includes swim caps, \$12 per additional child. 1 hour of swim games with supervision.

Gymnastics Party – ages 5 to 12- \$395, up to 15 children, \$10 per additional child. 1 hour of gym games.

Tumble Fun Sports – age 3 to 5, up to 15 children, \$10 per additional child. 55 minutes of gym games.

Art - \$350, up to 12 children, \$10 per additional child. 45-50 minutes in the art studio. Cooking - \$315, up to 15 children, \$10 per additional child. 30 minutes of cooking time. Families choose from 3 cooking options: pizza, cupcakes, and cookies. All ingredients are included in price.

Sports and Recreation Classes this February

Preschool Athletics: KinderSPORTS

Sunday 11:15-12:00pm Ages 3-7 yrs. (Parent Participation Required)
Class runs until: April 1
Encourage your child to have a fun, healthy, and fit life with KinderSPORTS, an innovative program that features activities like soccer, capture the flag, T-ball, basketball, and lots of fun activities that are also great exercise.

After-School Sports - Ultimate Frisbee
Monday 4:00pm-4:45pm Grades 3rd-5th
Class runs until: April 2

After-School Sports - Soccer
Monday 5:00pm-5:45pm Grades 1st-2nd
Class runs until: April 2
Tuesday 5:00pm-5:45pm Grades 3rd-5th
Class runs until: April 3

After-School Sports Enrichment Classes - Flag Football
Thursday 4:00-4:45pm Grades 3rd-5th
Class runs until: April 5

After-School Sports Enrichment Classes - Mini Golf
Thursday 5:00pm-5:45pm Grades 1st-2nd
Class runs until: April 5

Yudi's Basketball Skills Academy Presents:

Basketball for children with challenging emotional, behavioral or cognitive issues.

Tuesday 6:00pm-6:55pm Class runs until: March 6
Dates no class will be held: February 21

Former Harlem Globetrotter Eli Quintana will be teaching a basketball program for children with challenging emotional, behavioral or cognitive issues who would benefit from a more structured experience. Every child has the right to enjoy the fun of playing sports, the joy of teamwork, the achievement of making a shot or making a good play. Enjoy the milestones your child will make in socialization, interaction and sports training in a team sport at their own individual level of participation. Routine training will build their confidence, self esteem and share in peer unity. This basketball program will teach by following directions, and learning by example and acceptance with group support and encouragement. No experience or basketball abilities are needed. The ONLY requirement is the desire to have FUN!!

Adult Drop-In Basketball

Tuesday 7:00-9:45pm & Wednesday 8:45pm-9:45pm
Drop-in fee: \$10.00 per person. FREE FOR MEMBERS!!!
Come shoot hoops and play pick-up games. Use of scoreboard allows us to play full-court games to 10 points or the team that is leading after 10 minutes. In the case of a tie, next point wins.

Gymnastics

Elementary Gymnastics
Wednesday 3:30-4:15pm Class runs until: April 4
Thursday 3:30-4:15pm Class runs until: April 5
For children 3 to 5 years, an introduction to basic gymnastics skills, emphasizing strength, balance, and coordination. Students will develop skills in floor exercises, balance beam, vaulting, and tumbling. Class includes jumping exercises in a Bounce Castle. Instructor: Alsu Oshepkova

Basic Gymnastics

Wednesday 4:30-5:15pm Class runs until: April 4
For children Grades 1 and 2. Gymnastics skills, emphasizing strength, balance, and coordination. Students will develop skills in floor exercises, balance beam, vaulting, and tumbling. Class includes jumping exercises in a Bounce Castle. Instructor: Alsu Oshepkova.

Intermediate Gymnastics

Thursday 5:00-5:45pm. Class runs until: April 5
Grades 2 and up. For students who graduated from the Basic Gymnastics class.
Instructor: Alsu Oshepkova

Super Soccer Stars & Super Soccer Stars Special Needs Program

Day: Thursday
Times: 11:40am-12:20pm Ages 2-3
1:30pm-2:10pm Ages 2.5-3
2:15pm-3:00pm Ages 3-4
3:10pm-4:00pm Ages older 4-5

Get the ball rolling! Join **Super Soccer Stars**, New York City's most popular soccer development program, right here at the Riverdale Y. Dynamic international coaches work with every student to develop skills, self-confidence, and teamwork in a fun, non-competitive environment. Positive reinforcement and a low child-to-coach ratio ensure that each child will improve his or her soccer skills through engaging warm-ups, drills, and games--all while having endless fun! Classroom pickup available for Nursery students. Call 212-877-7171 or go online to www.supersoccerstars.com to register today!



The Circus comes to the Y!

Ringling Bros. and Barnum & Bailey[®] was in the house a few weeks ago to train our after-school counselors for Get CircusFit with the Riverdale Y. With their newly learned circus skills, the counselors have started to work with our Kids Space children on the fun and fitness program. It will culminate in March with a circus show put on by the kids and then a free trip to see the pros in action, when The 142nd Edition of Ringling Bros and Barnum & Bailey is in East Rutherford, NJ.

And be on the lookout for more clowning around – Ringling Bros. and Barnum & Bailey Circus will be participating in our 5K/10K Run on May 6. They're bringing their Red Nose Run to be part of the fun. Stay tuned for the Red Nose Run at the Riverdale Y!



iHouse is new again!

After a somewhat slow start, we have re-designed iHouse (Israeli House at the Riverdale Y). iHouse will be meeting downstairs in the gym on Sundays from 9:30-11am with all the huge gymnastics equipment you loved last year and two gym counselors to help the children have fun and learn! Then at 11am, everyone comes upstairs for brunch and Israeli-centered activities, including separate activities for older children, all in Hebrew.

The next iHouse will be held on Sunday, February 19



Community Cooking at the Y -- Winter Salads, Soups, and Sides

Sunday, February 19th from 10:30 am - 1:30 pm

Want to spend a few hours meeting new people and learning to cook fresh, healthy food? Join Chef Danielle Rehfeld and be prepared to actively prep, cook, and taste recipes made from seasonal winter produce. Students will work in small teams preparing simple, flavorful recipes you can easily replicate at home. Danielle Rehfeld is a NY based chef and writer. A Riverdale native, she attended the Institute of Culinary Education, completed her externship at Daniel, and went on to work at Eleven Madison Park. Her recipes and weekly food column, "What's Cooking," appear in *The Riverdale Press*.

Cost is \$25 plus \$15 food/supply fee. Class is limited to 10 people. The Riverdale Y is under the supervision of the Vaad of Riverdale. For information, contact Marilyn Raider at mraider@riverdaley.org. To register, call (718) 548-8200, ext. 201





Riverdale Rising Stars, Jr. present the classic tale of gamblers, show girls and mission dolls with the beloved musical *Guys and Dolls*, Jr.

Our cast of 37 performs this joyous show with familiar songs such as, "Sit Down, You're Rocking The Boat", "Bushel and A Peck", "Adelaide's Lament" and more!

For tickets and more information visit Riverdalerisingstars.com.

Show dates and times are: **Saturdays, February 11 & 18 at 8pm, Sundays, February 12 & 19 at 3pm and Tuesday, February 14 at 7pm.**

Tickets are \$18 online, \$20 at the door. Students & Seniors - \$12 and our weeknight performance - all seats \$10.

Upcoming auditions for our Resident Theater companies:

Tappin', Singing and a whole lot of Dancin'

Auditions for our award-winning Rising Stars Spring production of *42nd Street* will be held **Sunday, February 26 from 6:00 to 8:00pm and Monday, February 27 from 6:30-8:30pm.**

A song and dance combination will be taught. Please arrive at the beginning of your selected day to go over music. Check our website, Riverdalerisingstars.com in early February for more information (cast breakdown) and list of songs that you can prepare for the audition. *Rising Stars is open to teens ages 12-18 and participation is by audition only.*



Auditions for our first-ever Riverdale Rising Stars Drama

We are proud to be presenting the thought-provoking drama, **Bang, Bang, You're Dead**, which is a play that ponders the possible reasons why a seemingly normal teenager could resort to violence. It deals with issues of bullying and peer pressure, which has gone beyond the point of harmlessness in today's society. To audition for **BANG BANG** everyone should arrive at 6:30pm. We will be holding ensemble style auditions on Feb. 13 and Feb. 15 from 6:30 to 9:30pm. Information will be listed on Riverdalerisingstars.com in early February.

Spring Auditions Riverdale Repertory



Our spring production for our adult theatre company, **Riverdale Rep** will be held on **Sunday, February 19 from 6:00 to 8:00pm and Monday, February 20 from 7:00-9:00pm.** Our production will be the moving story of friendship, love and loss, **Steel Magnolias**, featuring six women from Louisiana who meet weekly at the beauty salon to share their lives.

Please check our website Riverdalerisingstars.com in early February for more information (cast breakdown) and to download the script.

RPAC is here!

Registration is now open for **Riverdale Rising Stars Performing Arts Conservatory (RPAC)**! The first of its kind in the Riverdale and Bronx area. Finally a place for our local artists to congregare and explore the world of theatre.

RPAC will provide an intimate Master Class setting, allowing RPAC members to work with industry professionals ranging from New York to Australia. Don't miss the opportunity to dive into the world of Shakespeare, Meisner, Voice, Musical Theater, Stage Combat, Improv and so much more. RPAC programs run Monday through Thursday. Classes begin March 12 through June 8. There will be one week break on April 6-15. Prices begin at \$225 per course. Registration is available online or at the Y.

For more information visit us at Riverdalerisingstars.com



Class of improv being taught

Riverdale Rising Stars Play Reading Series with Poor Mouth Theatre Company

After our successful partnership with Beauty Queen, RRS and Poor Mouth will be teaming up once more. This time in the form of a play reading series. Plays will be presented in a reading at An Beal Bocht and a panel of actors, directors and playwrights will then choose a play to be produced on the Y stage the coming year.

For more information please email performingarts@riverdaley.org

Riverdale Rising Stars Bookshop

Your theater company - Riverdale Rising Stars - is now accepting donations of books that have to do with the ARTS. Books will be sold at a discounted rate at all upcoming theater events. To donate your books please drop them off at the Riverdale Y.

Simon Senior Center Events

February 2012 – Highlights:

Friday, Feb 3 10:30 am Court Room Drama Aytan Adler

Enjoy the excitement as one of our fellow members play a DA, a defense attorney or a stone cold criminal.

Tuesday, Feb 7 - 10:30 am Scott Brannon discusses and sings the music of Composer Richard Rodgers musical partner with lyricists Lorenz Hart & Oscar Hammerstein III. " My Funny Valentine ", " My Romance ", " Surrey With The Fringe On Top ", " Some Enchanted Evening " and many more.

Friday, Feb 9 - 1:00pm Taking Care of Yourself

Explore ways to care for your mind, body and soul Leora Garritano, LMSW.

Tuesday, Feb 14 - 1:00 pm Concert with Sean Mahoney
Romantic songs, Broadway show tunes and music from the 30s, 40s, & 50s.

Thursday, Feb 16 - 1:00 pm Gentle Chair Yoga with Sandra Bernstein relaxing as well as strengthening.

Friday, Feb. 17- 10:30 am Concert with Chris Milletari- Singing and playing guitar - lively popular songs from the 40s- 80s.

Tuesday, Feb 2 - 11:00 am Lecture & Slides by Pierre Montiel:
Film Historian The Life of Jeanette MacDonald Musical star who teamed with baritone singer Nelson Eddy and made film history.

Tuesday, Feb 28 - 10:30 am The Movies We Love

Led by Leora Garritano LMSW

Discuss the greats of acting and the movies you enjoyed when you were young to the ones you have seen recently.

Bridge Classes

Our certified bridge teacher conducts classes on Thursdays. First times are welcomed at 10 am to receive special individual attention.

Thursdays: New beginners and advanced beginners 10-12

Intermediate players: 1-3pm

Session 4 starts on Feb 16, 23, Mar 1,8,15 22.



For All Baby Boomers

Please join the Riverdale YM-YWHA's baby boomer program, Forever Young, for Budgeting and Expense Management.

The program will be presented by NYLAG and UJA Federation of New York's Connect-To-Care on Tuesday February 28th from 7:00PM-8:00PM. "Learn the basics of monthly budget preparation, as well as preparing for emergencies and meeting financial goals. The workshop will include tips on money and expense management (e.g. managing credit cards, negotiating with banks and lenders). Topics include setting short and long term financial goals, prioritizing expenses and debt, and measuring expense ratios against suggested guidelines."

We ask that you kindly respond before February 22. This event is free of charge and will take place at: The Riverdale Y 5625 Arlington Ave Bronx, NY. Please call Leora Garritano for more information at 718-548-8200 ext. 204 or email: lgarritano@riverdaley.org

The Y's Tribute Fund

What could be a better tribute than supporting your Jewish community center? A card will be sent to those you indicate, telling them of your gift in support of the Y's important programming. For information, contact Marilyn Raider at MRaider@RiverdaleY.org or (718) 548-8200, ext. 203. And thank you! For contributions this past month, we thank:

*In honor of the publication of their daughter, Leslie Carroll's, last two books, Becoming Marie Antoinette and The Royals
Gerry and Leda Goldsmith*

*To the Froehlich Fund in honor of Eugene Froehlich's birthday
Allan and Lynn Dreifuss*

*To the Adam Marcus Playground Fund in memory of Don Rothman
Richard and Myrna Marcus*

*To the Kern Fund
Sharon Kern*

*To the Rising Stars
Naomi Erickson*

*To the Senior Center
Moshe Margalit*

*To the Solomon Blumenkranz Fund and the Ralph Akselrad Fund in honor of January and Harold Akselrad's Birthdays
Anthony Napolitano*

*To the Y's general fund in honor of Lisa Bruskin
January Akselrad*

*To the Y's general fund in remembrance of the wonderful times spent at the Y with Doina Wechsler
Alice Boynton*

*To the Y's general fund in memory of JJ Greenberg
Irving and Blu Greenberg*

*To the Y's general fund
Paul and Cynthia Hertz
Mary de Jesus
Bob Jacobs
Todd Rubinstein
Dovelet Shashou*

Gallery 18

Brian Skinner Solo Exhibit will be displayed this month in the Riverdale Y's Gallery 18. Mr. Skinner is a member of the Riverdale Art Association. An artist's reception will be held on Sunday, February 12th, from 1:30 to 3:30 PM. Skinner worked extensively in publishing as a writer, editor and graphic artist. Though he began his career in the fine arts in the traditional media of oil-on-canvas and watercolor, he now works exclusively in digital media. Recent explorations include cliché verre, a technique of etching and painting on glass photographic plates. His work is then rendered on watercolor papers or canvas at a fine arts printing studio. His artwork can be seen in several venues in and around New York City and in galleries in upstate New York. He is currently working as the editor and music supervisor on a documentary film about a Cambodian poet who survived the Khmer Rouge genocide due for release later this year.

The Writer's Center at the Riverdale Y

Why travel to Manhattan to satisfy that itch to write? Quality programming is now available at the Riverdale Y with the launching of The Writer's Center, which will begin with three courses in mid-March. Watch our website and ebalsts for dates (weekday evenings, for sure) and registration details. The first three 10-week courses, and their instructors, are:

Elements of Fiction Writing

The American novelist Willa Cather advised writers to "stop writing, start remembering." Stories are born in our unique experiences. Our imaginations make those stories live and breathe, and connect them to the broader human experience. This course is designed for anyone who has a story to tell and wants to craft it into a completed work of fiction. We will read and comment on each other's work in a supporting and encouraging setting. Along the way, we will use examples from great works of fiction to guide our own choices about characterization, dialogue, voice, and other elements. And we'll engage in exercises to prompt our imaginations and take the leaps of faith that continue us on our journey. This course is for beginning to mid-level fiction writers of all ages.

Instructor Bruce Tallerman's fiction has been published in a number of literary magazines, including *Southern California Review*, *Laurel Review*, *Quarter After Eight*, *Paterson Review*, and *Southern Anthology*. He is a two-time recipient of the BRIO Award for Fiction from the Bronx Council on the Arts. Bruce has studied creative writing at The New School, UCLA, and the Sewanee Writers' Conference, and has taught fiction at Gotham Writers' Workshop and Riverdale Community Center.

How to Make a Poem

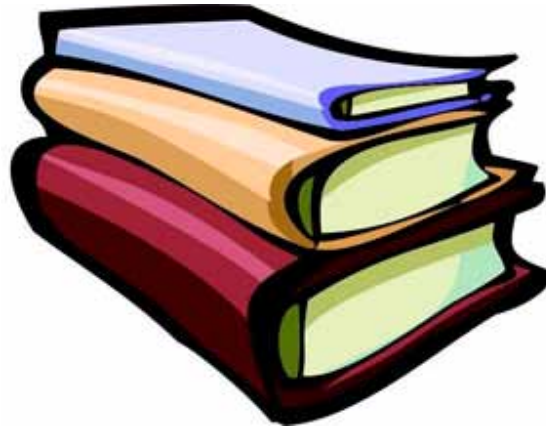
In a supportive workshop setting, poets of all levels—from the newly inspired to the veteran—are encouraged to join this intimate class with the goals of growing as writers and readers of poetry. Participants will share their work with the intention of creating new poems, revising existing ones, and finding new ways to push the boundaries of poetic expression. Poets will have the opportunity to build a vibrant writing community through discussions of their own work and explorations of poems written by leading contemporary poets.

Instructor Sarah Stern's first book *Another Word for Love* was published by Finishing Line Press in 2011. Her poems have appeared in magazines, anthologies, and online, and most recently in *Epiphany and Verse Daily*. Sarah is a four-time winner of the BRIO Award for Poetry from the Bronx Council on the Arts, and received Honorable Mentions from the Anna Davidson Rosenberg Awards and Lilith Magazine's Poetry Prize. Sarah has worked as a journalist, editor, writer, and press officer.

Writing a Spiritual Memoir

The art of writing a memoir is a way to uncover meaningful narrative threads in the story of one's life. The popular genre of spiritual memoir derives from this process, as writers make connections between transcendent and ordinary moments. In this workshop, participants will explore examples of spiritual memoir, write from guided prompts, and find direction for crafting memoirs, mosaics, and essays. This workshop is designed for writers who already have a memoir in progress, as well as those who are looking for a way to begin.

Instructor Amy Gottlieb's poetry, short fiction, and essays have appeared in *Lilith*, *Puerto del Sol*, *Presentense*, *Nashim*, *the Forward*, *Zeek*, *Fiera Lingue*, *Other Voices*, *American Public Media*, and elsewhere. She was awarded a Poetry Residency from the Bronx Writers Center, a BRIO Award for Poetry from the Bronx Council on the Arts, an Honorable Mention from the Ellen LaForge Poetry Prize, and held an arts fellowship at the Drisha Institute for Jewish Education. A longtime editor of *Judaica*, Amy now works as an independent book editor, writer, and publishing consultant.



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