



AUGUST 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>LUNCH SERVED EVERYDAY AT 11:45 AM</p>			<p>8/1 - 9:15 Come Alive Exercise 10:30 Bliss Fit 10:30 Current Social Issues DOROT 11:00 Israeli Short Stories 1:00 Café Europa Documentary 1:00 Never Stop Coloring DOROT 1:00 Party/Improv Games DOROT 1:00 Tech Help DOROT 1:00 Wii Together DOROT 1:00 Schmooze</p>	<p>8/2 -9:15 Come Alive Exercise 1:00 Charades New Class</p>
<p>8/5 - 9:15 Come Alive Exercise 9:30 Wisdom for Living 10:15 Water Aerobics 10:30 Co-Ed Rap Session 10:30 Board Games Bonanza DOROT 10:30 Sound Track To Our Lives DOROT 10:30 Jacob's Philosophy Discussion 12:45 Knitting Class DOROT 1:00 Brain Games/Charades DOROT 1:00 Virtual Realty/Tech Help DOROT</p>	<p>8/6 - 9:15 Come Alive Exercise 10:00 Painting Class 10:30 Lecture 10:30 Functional Movement 11:00 Hebrew Club 1:00 Movie & Discussion DOROT 1:00 Life Posts Legacy Project DOROT</p>	<p>8/7 - 9:15 Come Alive Exercise 10:00 Baking 10:15 Water Aerobics 10:30 Functional Movement 10:30 Intergenerational Crafts DOROT 10:45 Current Events with Professor Heller 1:00 Bingo 1:00 Men's Group DOROT 1:00 Poetry Workshop Intergenerational/Seniors DOROT</p>	<p>8/8 - 9:15 Come Alive Exercise 10:30 Chair Yoga 10:30 Current Social Issues DOROT 11:00 Israeli Short Stories 1:00 Never Stop Coloring DOROT 1:00 Party/Improv Games DOROT 1:00 Tech Help DOROT 1:00 Wii Together DOROT</p>	<p>8/9 - 9:15 Come Alive Exercise 10:30 Health Lecture 1:00 Charades</p>
<p>8/12 - 9:15 Come Alive Exercise 9:30 Wisdom for Living 10:15 Water Aerobics 10:30 Board Games Bonanza DOROT 10:30 Sound Track To Our Lives DOROT 10:30 Co-Ed Rap Session 10:30 Jacob's Philosophy Discussion 12:45 Knitting Class DOROT 1:00 Brain Games/Charades DOROT 1:00 Virtual Realty/Tech Help DOROT</p>	<p>8/13 - 9:15 Come Alive Exercise 10:00 Painting Class 10:30 Interactive Discussion 10:30 Functional Movement 11:00 Hebrew Club 11:45 BIRTHDAY PARTY CELEBRATION 1:00 Dancing 1:00 Movie & Discussion DOROT 1:00 Life Posts Legacy Project DOROT</p> 	<p>8/14 - 9:15 Come Alive Exercise 10:00 Baking 10:15 Water Aerobics 10:30 Functional Movement 10:30 Intergenerational Craft DOROT 10:45 Current Events with Professor Heller 1:00 Bingo 1:00 Women's Discussion Group 1:00 Poetry Workshop Intergenerational/Seniors DOROT</p>	<p>8/15 - 9:15 Come Alive Exercise 10:30 Bliss Fit 10:30 Current Social Issues DOROT 10:30 Lecture 11:00 Israeli Short Stories 1:00 Never Stop Coloring DOROT 1:00 Party/Improv Games DOROT 1:00 Tech Help DOROT 1:00 Wii Together DOROT</p>	<p>8/16 - 9:15 Come Alive Exercise 10:00 Nutrition Lecture 1:00 Charades</p>
<p>8/19 - 9:15 Come Alive Exercise 9:30 Wisdom for Living 10:15 Water Aerobics 10:30 Co-Ed Rap Session 10:30 Jacob's Philosophy Discussion 12:45 Knitting Class 1:00 Brain Games/Charades</p>	<p>8/20 - 9:15 Come Alive Exercise 10:00 Painting Class 10:30 Historical Trivia 10:30 Blood Pressure 10:30 Functional Movement 11:00 Hebrew Club 12:45 Movie</p>	<p>8/21 - 9:15 Come Alive Exercise 10:00 Baking 10:15 Water Aerobics 10:30 Functional Movement 10:45 Current Events with Professor Heller 10:45 Trip 1:00 Bingo</p>	<p>8/22 - 9:15 Come Alive Exercise 10:30 Chair Yoga 10:30 Lecture 11:00 Israeli Short Stories 1:00 Dancing 1:00 Schmooze</p>	<p>8/23 - 9:15 Come Alive Exercise 10:15 Interactive Discussion 12:45 Collage Workshop 1:00 Discussion 1:00 Charades</p>
<p>8/26 - 9:15 Come Alive Exercise 9:30 Wisdom for Living 10:15 Water Aerobics 10:30 Co-Ed Rap Session 10:30 Jacob's Philosophy Discussion 12:45 Knitting Class 1:00 Brain Games/Charades</p>	<p>8/27 - 9:15 Come Alive Exercise 10:00 Painting Class 10:00 Advisory Broad Meeting 10:30 Lecture and Power Point 10:30 Functional Movement 11:00 Hebrew Club 1:00 Concert</p>	<p>8/28 - 9:15 Come Alive Exercise 10:00 Baking 10:15 Water Aerobics 10:30 Functional Movement 10:45 Current Events with Professor Heller 1:00 Women's Discussion Group 1:00 Bingo</p>	<p>8/29 9:15 Come Alive Exercise 10:30 Bliss Fit 11:00 Israeli Short Stories 1:00 Book Club 1:00 Schmooze 1:00 Discussion and Photos</p>	<p>8/30 9:15 Come Alive Exercise 10:30 Concert 1:00 Charades</p>