


SEPTEMBER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>9/2 CLOSED</p> 	<p>9/3 9:15 Come Alive Exercise 10:00 Painting Class 10:15 Nutrition Lecture 10:30 Functional Movement 11:00 Hebrew Club 1:00 Concert</p>	<p>9/4 9:15 Come Alive Exercise 10:00 Baking 10:15 Water Aerobics NO CLASS 10:30 Functional Movement 10:30 Computer Class 10:45 Current Events with Professor Heller 1:00 Bingo 1:00 Historical Trivia</p>	<p>9/5 9:15 Come Alive Exercise 10:30 Bliss Fit 11:00 Israeli Short Stories 1:00 Café Europa Concert 1:00 Discussion With Ronnie</p>	<p>9/6 9:15 Come Alive Exercise 10:30 Concert 1:00 Charades</p>
<p>9/9 9:15 Come Alive Exercise 9:30 Wisdom for Living 10:15 Water Aerobics NO CLASS 10:30 Co-Ed Rap Session 10:30 Jacob's Philosophy Discussion 12:45 Knitting Class 1:00 Brain Games/Charades</p>	<p>9/10 9:15 Come Alive Exercise 10:00 Painting Class 10:00 Tai Chi 10:30 Health Lecture 10:30 Functional Movement 11:00 Hebrew Club 11:45 BIRTHDAY PARTY CELEBRATION 1:00 Dancing</p>	<p>9/11 9:15 Come Alive Exercise 10:00 Baking 10:15 Water Aerobics 10:30 Functional Movement 10:45 Current Events with Professor Heller 1:00 Bingo 1:00 Women's Discussion Group</p>	<p>9/12 9:15 Come Alive Exercise 10:30 Chair Yoga 10:30 Lecture 11:00 Israeli Short Stories 1:00 Book Talk and Music 1:00 Discussion With Ronnie</p>	<p>9/13 9:15 Come Alive Exercise 10:30 Courtroom Drama 1:00 Charades</p>
<p>9/16 9:15 Come Alive Exercise 9:30 Wisdom for Living 10:15 Water Aerobics 10:30 Computer Class 10:30 Co-Ed Rap Session 10:30 Jacob's Philosophy Discussion 12:45 Knitting Class 1:00 Brain Games/Charades</p>	<p>9/17 9:15 Come Alive Exercise 9:30 Trip 10:00 Painting Class 10:00 Tai Chi 10:30 Lecture 10:30 Computer Class 10:30 Blood Pressure Screening 10:30 Functional Movement 11:00 Hebrew Club 1:00 Movie</p>	<p>9/18 9:15 Come Alive Exercise 10:00 Baking 10:15 Water Aerobics 10:30 Computer Class 10:30 Functional Movement 10:45 Current Events with Professor Heller 1:00 Computer Class 1:00 Bingo 1:00 Lecture</p>	<p>9/13 9:15 Come Alive Exercise 10:30 Bliss Fit 10:30 Lecture 10:30 Computer Class 11:00 Israeli Short Stories 1:00 Self Help Concert 1:00 Discussion With Ronnie</p>	<p>9/14 9:15 Come Alive Exercise 10:30 Concert 1:00 Charades</p>
<p>9/23 9:15 Come Alive Exercise 9:30 Wisdom for Living 10:15 Water Aerobics 10:30 Computer Class 10:30 Co-Ed Rap Session 10:30 Jacob's Philosophy Discussion 12:45 Knitting Class 1:00 Brain Games/Charades</p>	<p>9/24 9:15 Come Alive Exercise 10:00 Painting Class 10:30 Lecture & Slides 10:30 Computer Class 10:30 Functional Movement 11:00 Hebrew Club 12:45 Men's Group NEW 1:00 Movie</p>	<p>9/25 9:15 Come Alive Exercise 10:00 Baking 10:15 Water Aerobics 10:30 Computer Class 10:30 Functional Movement 10:45 Current Events with Professor Heller 11:45 ROSH HASHANAH LUNCHEON 1:00 Bingo 1:00 Women's Discussion Group</p>	<p>9/26 9:15 Come Alive Exercise 10:30 Chair Yoga 10:30 Computer Class 11:00 Israeli Short Stories 12:45 Book club 1:00 Discussion With Ronnie</p>	<p>9/27 9:15 Come Alive Exercise 10:30 Courtroom Drama 1:00 Charades</p>
<p>9/30 CLOSED</p> 	<p>LUNCH SERVED EVERYDAY</p> <p>AT 11:45 AM</p>			