

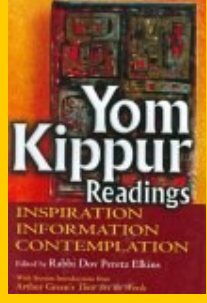


# OCTOBER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>10/1</b> <b>CLOSED</b> 	<b>10/2</b> 9:15 Come Alive Exercise 10:00 Baking 10:15 Water Aerobics 10:15 Functional Movement 10:30 Blood Pressure Screening 10:30 Computer Class 10:45 Current Events with Professor Heller 1:00 Bingo 1:00 Art Work Shop	<b>10/3 -</b> 9:15 Come Alive Exercise 10:30 Bliss Fit 10:30 Courtroom Drama 10:30 Computer Class 11:00 Israeli Short Stories 1:00 Café Europa Concert	<b>10/4 -</b> 9:15 Come Alive Exercise 10:00 Chorus 1:00 Dance Performance 1:00 Discussion with Ronnie
<b>10/7 -</b> 9:15 Come Alive Exercise 9:30 Lecture 10:15 Water Aerobics 10:30 Medicare Lecture 10:30 Co-Ed Rap Session 10:30 Computer Class 12:45 Knitting Class 1:00 Brain Games/Charades 1:00 Mens' Group	<b>10/8 -</b> 9:15 Come Alive Exercise 10:00 Painting Class 10:30 Lecture & Musical Performance 10:15 Functional Movement 10:30 Computer Class 11:00 Hebrew Club 12:45 Movie	<b>10/9 -</b> <b>CLOSED</b> 	<b>10/10</b> 9:15 Come Alive Exercise 10:30 Chair Yoga 10:30 Lecture 10:30 Computer Class 11:00 Israeli Short Stories 1:00 Discussion with Ronnie	<b>10/11-</b> 9:15 Come Alive Exercise 10:00 Chorus 1:00 Charades
<b>10/14</b> <b>CLOSED</b>  <b>SUKKOT</b>	<b>10/15</b> <b>CLOSED</b>  <b>SUKKOT</b>	<b>10/16</b> 9:15 Come Alive Exercise 10:00 Baking 10:15 Water Aerobics 10:15 Functional Movement 10:30 Computer Class 10:30 Blood Pressure Screening 10:45 Current Events with Professor Heller 1:00 Bingo 1:00 Concert	<b>10/17 -</b> 9:15 Come Alive Exercise 10:15 Lecture and Slides 10:30 Computer Class 10:30 Trip 11:00 Israeli Short Stories 1:00 Discussion with Ronnie	<b>10/18 -</b> 9:15 Come Alive Exercise 10:30 Courtroom Drama 1:00 Charades
<b>10/21</b> <b>CLOSED</b>  <b>SHMINI ATZERET</b>	<b>10/22</b> <b>CLOSED</b>  <b>SIMCHAT TORAH</b>	<b>10/23 -</b> 9:15 Come Alive Exercise 10:00 Baking 10:15 Water Aerobics 10:15 Functional Movement 10:30 Blood Pressure Screening 10:45 Current Events with Professor Heller 1:00 Bingo 1:00 Dancing 1:00 Women's Discussion Group	<b>10/24 -</b> 9:15 Come Alive Exercise 10:30 Chair Yoga 10:30 Historical Trivia 10:30 Computer Class 11:00 Israeli Short Stories 1:00 Health Talk & Desserts 1:00 Discussion with Ronnie	<b>10/25 -</b> 9:15 Come Alive Exercise 10:00 Chorus 1:00 Charades
<b>10/28</b> 9:15 Come Alive Exercise 9:30 Wisdom for Living 10:15 Water Aerobics 10:30 Co-Ed Rap Session 10:30 Computer Class 10:30 Jacob's Philosophy Discussion 12:45 Knitting Class 1:00 Brain Games/Charades 1:00 Mens' Group	<b>10/29</b> 9:15 Come Alive Exercise 10:00 Painting Class 10:00 Advisory Board Meeting 10:30 Lecture Nutrition 10:30 Computer Class 10:15 Functional Movement 11:00 Hebrew Club 12:45 Movie	<b>10/30</b> 9:15 Come Alive Exercise 9:45 Trip 10:00 Baking 10:15 Water Aerobics 10:15 Functional Movement 10:30 Computer Class 10:45 Current Events with Professor Heller 1:00 Health Talk 1:00 Bingo	<b>10/31</b> 9:15 Come Alive Exercise 10:30 Bliss Fit 10:30 History Lecture 10:30 Computer Class 11:00 Israeli Short Stories 12:45 Book Club 1:00 Discussion with Ronnie	<b>LUNCH SERVED EVERYDAY</b>  <b>AT 11:45 AM</b>