

# NOVEMBER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: center;"><b>LUNCH SERVED EVERYDAY</b></p> <p style="text-align: center;"><b>AT 11:45 AM</b></p>			<p>OPEN SUNDAY NOV 24, 2019 10:30 AM Talent Show 1:00 PM Dancing</p>	<p><b>11/1-</b> 9:15 Come Alive Exercise 10:00 Chorus 10:30 Educational Workshop 12:45 Concert</p>
<p><b>11/4-</b> 9:15 Come Alive Exercise 9:30 Wisdom for Living 10:15 Water Aerobics 10:30 Jacob's Philosophy Discussion 10:30 Co-Ed Rap Session 10:30 Computer Class 11:45 Workshop/50th Precinct 12:45 Knitting Class 1:00 Brain Games/Charades</p>	<p><b>11/5-</b> 9:15 Come Alive Exercise 10:00 Painting Class 10:00 Tai Chi 10:15 Functional Movement 10:30 Computer Class 10:30 Health Lecture 11:00 Hebrew Club 11:45 SelfHelp/SAR Program 12:45 Movie</p>	<p><b>11/6-9:</b>15 Come Alive Exercise 10:00 Baking 10:15 Water Aerobics 10:15 Functional Movement 10:30 Computer Class 10:30 Blood Pressure Screening 10:45 Current Events with Professor Heller 1:00 Bingo 1:15 Film</p>	<p><b>11/7-</b> 9:15 Come Alive Exercise 10:30 Bliss Fit 10:30 Lecture 10:30 Computer Class 11:00 Israeli Short Stories 1:00 Discussion with Ronnie 1:00 Café Europa Concert</p>	<p><b>11/8-</b> 9:15 Come Alive Exercise 10:00 Chorus 10:30 Educational Workshop 10:30 Ceramics NEW</p>
<p><b>11/11-</b>9:15 Come Alive Exercise 9:30 Wisdom for Living 10:15 Water Aerobics 10:30 Blood Pressure 10:30 Jacob's Philosophy Discussion 10:30 Co-Ed Rap Session 10:30 Computer Class 11:45 Veterans Day Program 12:45 Knitting Class 1:00 Brain Games/Charades 1:00 Men's Group</p>	<p><b>11/12-</b>9:15 Come Alive Exercise 10:00 Painting Class 10:00 Tai Chi 10:30 Lecture 10:15 Functional Movement 10:30 Computer Class 11:00 Hebrew Club 11:45 SelfHelp /SAR Program <b>11:45 BIRTHDAY PARTY CELEBRATION</b> 1:00 Dancing</p>	<p><b>11/13-</b> 9:15 Come Alive Exercise 10:00 Baking 10:00 Lecture 10:15 Water Aerobics 10:15 Functional Movement 10:30 Computer Class 10:45 Current Events with Professor Heller 11:00 Trip 1:00 Bingo 1:00 Women's Discussion Group</p>	<p><b>11/14-</b> 9:15 Come Alive Exercise 10:00 Improv Class NEW 10:30 Computer Class 10:30 Chair Yoga 11:00 Israeli Short Stories 11:00 Health Screening 12:45 Wii Games NEW 1:00 Discussion with Ronnie</p>	<p><b>11/15-</b> 9:15 Come Alive Exercise 10:30 Educational Workshop 10:30 Nutrition Lecture 12:45 Ceramics</p>
<p><b>11/18-</b>9:15 Come Alive Exercise 9:30 Wisdom for Living 10:15 Water Aerobics 10:30 Jacob's Philosophy Discussion 10:30 Co-Ed Rap Session 10:30 Computer Class 12:45 Knitting Class 1:00 Brain Games/Charades</p>	<p><b>11/19-</b>9:15 Come Alive Exercise 10:00 Painting Class 10:00 Tai Chi 10:30 Lecture &amp; Musical Performance 10:15 Functional Movement 10:30 Computer Class 11:00 Hebrew Club 11:45 SelfHelp/SAR Program 12:45 Movie</p>	<p><b>11/20-</b> 9:15 Come Alive Exercise 10:00 Baking 10:15 Water Aerobics 10:15 Functional Movement 10:30 Blood Pressure Screening 10:30 Computer Class 10:45 Current Events with Professor Heller 1:00 Bingo 1:00 Educational Seminar</p>	<p><b>11/21-</b> 9:15 Come Alive Exercise 10:00 Improv Class 10:30 Bliss Fit 10:30 Computer Class 11:00 Israeli Short Stories 1:00 Book Club 1:00 Discussion with Ronnie 1:00 Concert</p>	<p><b>11/22-</b> 9:15 Come Alive Exercise 10:30 Educational Workshop 10:30 Concert 12:45 Ceramics</p>
<p><b>11/25-</b> 9:15 Come Alive Exercise 9:30 Wisdom for Living 10:15 Water Aerobics 10:30 Co-Ed Rap Session 10:30 Computer Class 10:30 Jacob's Philosophy Discussion 12:45 Knitting Class 1:00 Brain Games/Charades 1:00 Men's Group</p>	<p><b>11/26-</b> 9:15 Come Alive Exercise 10:00 Painting Class 10:00 Tai Chi 10:00 Advisory Board Meeting 10:30 Historical Trivia 10:30 Computer Class 10:15 Functional Movement 11:00 Hebrew Club <b>11:45 THANKSING LUNCHEON</b> 1:15 Concert</p>	<p><b>11/27-</b> 9:15 Come Alive Exercise 10:00 Baking 10:15 Water Aerobics 10:15 Functional Movement 10:30 Computer Class 10:45 Current Events with Professor Heller 12:45 Lecture 1:00 Women's Discussion Group 1:00 Bingo</p>	<p><b>11/28</b> CLOSED FOR THANKSGIVING</p> 	<p><b>11/29</b> CLOSED FOR THANKSGIVING</p>