

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>5/2 9:30 Jacob's Talk-Virtual 10:00 Stay Well Exercise-Hybrid 10:00 Bridge/Canasta/Chess-In Person 12:45 Walking Club-In Person 1:00 Men's Group-Hybrid 1:00 Bingo-In Person</p>	<p>5/3 10:00 Stay Well Exercise-Virtual 10:00 Mah Jongg Intermediate-In Pers. 10:00 Tai Chi-In Person 10:00 Painting Class-Hybrid 10:30 Art Explorations-Hybrid 10:30 Helping Ukrainians Refugees-Hybrid 11:30 Hebrew Short Stories-Virtual 12:45 B'way Rehearsals-In Person 1:00 Knitting-In Person</p>	<p>5/4 10:00 Stay Well Exercise-Virtual 10:00 Writing Class-Virtual 10:00 Self Defense-In Person 12:45 Improv w/Frank-In Person 1:15 Bliss Fit-Hybrid 1:30 Water Aerobics-In Person</p>	<p>5/5 10:00 Stay Well Exercise-Virtual 10:00 Foreign Language Friends-In Person 10:00 Where Should We Go?-In Person 10:45 Functional Movement-In Person 11:30 Hebrew Short Stories-Virtual 12:45 B'way Rehearsals-In Person 1:00 Group Chat with Carmen-In Person 1:00 Chair Yoga-Hybrid</p>	<p>5/6 9:15 Stay Well Exercise-Hybrid 10:30 Hudson River Voices-In Person 11:00 Current Events-In Person 11:00 Men's Group-Virtual 12:45 Friday Flick-NYAC CCNY Harvard on Hudson-Hybrid</p>
<p>5/9 9:30 Jacob's Talk-Virtual 10:00 Stay Well Exercise-Hybrid 10:00 Poetry Performance-Hybrid 12:45 Walking Club-In Person 1:00 Men's Group-Hybrid 1:00 Bingo-In Person</p>	<p>5/10 10:00 Stay Well Exercise-Virtual 10:00 Mah Jongg Intermediate-In Pers. 10:00 Tai Chi-In Person 10:00 Painting Class-Hybrid 10:30 Art Explorations-Hybrid 11:30 Hebrew Short Stories-Virtual 12:45 B'way Rehearsals-In Person 1:00 Knitting-In Person</p>	<p>5/11 10:00 Stay Well Exercise-Virtual 10:00 Writing Class-Virtual 10:00 Baking with Galina-In Person 10:30 Silver Shoes Dance Club-In Person 1:15 Bliss Fit-Hybrid 1:30 Water Aerobics-In Person</p>	<p>5/12 10:00 Stay Well Exercise-Virtual 10:00 Foreign Language Friends-In Person 10:00 Wave Hill Walking Club Trip 10:45 Functional Movement-In Person 11:30 Hebrew Short Stories-Virtual 12:45 B'way Rehearsals-In Person 1:00 Group Chat with Carmen-In Person 1:00 Chair Yoga-Hybrid</p>	<p>5/13 9:15 Stay Well Exercise-Hybrid 10:30 Hudson River Voices-In Person 11:00 Current Events-In Person 11:00 Men's Group-Virtual 12:45 Friday Flick-One Day in September-In Person</p>
<p>5/16 9:30 Jacob's Talk-Virtual 10:00 Stay Well Exercise-Hybrid 10:00 Bridge/Canasta/Chess-In Person 10:45 Short Stories Class "The Last Leaf" by O. Henry-In Person 12:45 Walking Club-In Person 1:00 Men's Group-Hybrid 1:00 Bingo-In Person</p>	<p>5/17 10:00 Stay Well Exercise-Virtual 10:00 Mah Jongg Intermediate-In Pers. 10:00 Tai Chi-In Person 10:00 Painting Class-Hybrid 10:30 Art Explorations-Hybrid 11:30 Hebrew Short Stories -Virtual 12:45 B'way Rehearsals-In Person 1:00 Knitting Class-In Person</p>	<p>5/18 10:00 Stay Well Exercise-Virtual 10:00 Writing Class-Virtual 10:00 Baking with Galina-In Person 10:30 Silver Shoes Dance Club-In Person 11:00 Cooking live w/DFTA-Hybrid 12:45 Museum of Interesting Things-In Person 1:15 Bliss Fit-Hybrid 1:30 Water Aerobics-In Person</p>	<p>5/19 10:00 Stay Well Exercise-Virtual 10:00 Foreign Language Friends-In Person 10:45 Functional Movement-In Person 11:30 Hebrew Short Stories-Virtual 12:45 B'way Rehearsals-In Person 1:00 Group Chat with Carmen-In Person 1:00 Chair Yoga-Hybrid</p>	<p>5/20 9:15 Stay Well Exercise-Hybrid 10:30 Hudson River Voices-In Person 10:30 Fitness Class-Virtual 11:00 Current Events-In Person 11:00 Men's Group-Virtual 12:45 Friday Flick-CODA -In Person</p>
<p>5/23 9:30 Jacob's Talk-Virtual 10:00 Stay Well Exercise-Hybrid 10:00 Bridge/Canasta/Chess-In Person 12:45 Walking Club-In Person 1:00 Men's Group-Hybrid 1:00 Bingo-In Person</p>	<p>5/24 10:00 Stay Well Exercise-Virtual 10:00 Mah Jongg Intermediate-In Pers. 10:00 Tai Chi-In Person 10:00 Painting Class-Hybrid 10:30 Art Explorations-Hybrid 11:30 Hebrew Short Stories-Virtual 1:00 Manny the Conga Player-In Pers. 1:00 Knitting Class-In Person 2:00 B'way Rehearsals-In Person</p>	<p>5/25 10:00 Stay Well Exercise-Virtual 10:00 Writing Class-Virtual 10:00 Baking with Galina-In Person 10:00 Self Defence-In Person 12:45 Improv w/Frank-In Person 1:15 Bliss Fit-Hybrid 1:30 Water Aerobics-In Person</p>	<p>5/26 10:00 Stay Well Exercise-Virtual 10:00 Foreign Language Friends-In Person 10:45 Functional Movement-In Person 11:30 Hebrew Short Stories-Virtual 12:45 B'way Rehearsals-In Person 1:00 Group Chat with Carmen-In Person 1:00 Chair Yoga-Hybrid 1:00 Book Club We Begin at the End-Virtual</p>	<p>5/27 9:15 Stay Well Exercise-Hybrid 10:30 Hudson River Voices-In Person 11:00 Current Events-In Person 11:00 Men's Group-Virtual 12:45 Friday Flick-NYAC Summer of Love 1967-Hybrid</p>
<p>5/30</p> <p style="text-align: center;">CLOSED Memorial Day</p>	<p>5/31 9:30 New Members Brunch 10:00 Stay Well Exercise-Virtual 10:00 Mah Jongg-In Person 10:00 Tai Chi-In Person 10:00 Painting Class-Hybrid 10:30 Art Explorations-Hybrid 11:30 Hebrew Short Stories-Virtual 12:45 B'way Rehearsals-In Person 1:00 Knitting Class-In Person</p>	<p style="text-align: center;">MAY 2022</p>  <p style="text-align: center;">Events listed in blue are detailed in the New and Noteworthy section</p>	<p style="text-align: center;">Tech lab every Tuesday and Thursday @ 10:00am</p> <p style="text-align: center;">Blood Pressure check Tuesday's @ 12:30</p>	<p style="text-align: center;">Lunch Daily at 11:45 Dining Room Seating Begins at 11:30 am</p> <p style="text-align: center;">Birthday Party BBQ Tuesday May 24th One Seating</p>