


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MARCH 2022</p>  <p>Events listed in blue are detailed in the New and Noteworthy section.</p>	<p>3/1 10:00 Tech Lab 10:00 Stay Well Exercise-Virtual 10:00 Mah Jongg-In Person 10:00 Tai Chi-In Person 10:00 Painting 10:30 Art Explorations-In Person & Virtual 11:00 Hebrew Short Stories-Virtual 1:00 Knitting-In Person</p>	<p>3/2 10:00 Stay Well Exercise-Virtual 10:00 Writing Class-Virtual 10:00 Baking with Galina-In Person 12:45 Membership Meeting-In Person & Virtual 1:15 Bliss Fit-In Person & Virtual 1:30 Water Aerobics-In Person</p>	<p>3/3 10:00 Tech Lab 10:00 Coffee & Coloring-In Person 10:00 Stay Well Exercise-Virtual 10:45 Functional Movement-In Person 11:00 Hebrew Short Stories-Virtual 1:00 Group Chat with Carmen-In Person 1:00 Chair Yoga-In Person & Virtual</p>	<p>3/4 10:00 Stay Well Exercise-Virtual & In Person 10:45 Current Events-In Person 11:00 Men's Group-Virtual 12:45 Virtual Subway Adventure in Person & Virtual</p>
<p>3/7 9:30 Jacob's Talk-Virtual 10:00 Stay Well Exercise-In Person & Virtual 10:00 Mah Jongg-In Person 10:45 Piano Concert-In Person 1:00 Men's Group-Virtual 1:00 Bingo-In Person 1:00 Blood Pressure Check</p>	<p>3/8 10:00 Tech Lab 10:00 Stay Well Exercise-Virtual 10:00 Mah Jongg-In Person 10:00 Tai Chi-In Person 10:00 Painting Class-In Person 10:30 Art Explorations-Virtual & In Person 11:00 Hebrew Short Stories-Virtual 1:00 Knitting-In Person</p>	<p>3/9 10:00 Stay Well Exercise-Virtual 10:00 Writing Class-Virtual 12:45 Screening- BEYLE-In Person & Virtual 1:15 Bliss Fit-In Person & Virtual 1:30 Water Aerobics-In Person</p>	<p>3/10 10:00 Tech Lab 10:00 Coffee & Coloring-In Person 10:00 Stay Well Exercise-Virtual 10:45 Functional Movement-In Person 11:00 Hebrew Short Stories-Virtual 1:00 Group Chat with Carmen-In Person 1:00 Chair Yoga-Virtual & In Person</p>	<p>3/11 10:00 Stay Well Exercise-Virtual & In Person 10:45 Current Events-In Person 11:00 Men's Group-Virtual 12:45 Law & Order-In Person</p>
<p>3/14 9:30 Jacob's Talk-Virtual 10:00 Stay Well Exercise-In Person & Virtual 10:00 Mah Jongg-In Person 10:45 Is My Family Normal?-In Person 1:00 Men's Group-Virtual 1:00 Bingo-In Person 1:30 Blood Pressure Check</p>	<p>3/15 10:00 Tech Lab 10:00 Stay Well Exercise-Virtual 10:00 Mah Jongg-In Person 10:00 Tai Chi-In Person 10:00 Painting Class-In Person 10:30 Art Explorations-In Person & Virtual 11:00 Hebrew Short Stories -Virtual 1:00 Knitting Class-In Person 1:00 Entertainment-In Person</p>	<p>3/16 10:00 Stay Well Exercise-Virtual 10:00 Writing Class-Virtual 10:00 Baking with Galina 11:00 Farmer's Market Talk- In Person 12:45 Broadway Showcase-In Person 1:15 Bliss Fit- Virtual & In Person 1:30 Water Aerobics-In Person</p>	<p>3/17 10:00 Tech Lab 10:00 Coffee & Coloring-In Person 10:00 Stay Well Exercise-Virtual 10:45 Functional Movement-In Person 11:00 Hebrew Short Stories-Virtual 1:00 Group Chat with Carmen In Person 1:00 Chair Yoga-Virtual & In Person</p>	<p>3/18 10:00 Stay Well Exercise-Virtual & In Person 10:00 Hudson River Voices-InPerson 10:30 Fitness Class-Virtual 10:45 Current Events In Person 11:00 Men's Group-Virtual 12:45 Concert-In Person</p>
<p>3/21 9:30 Jacob's Talk-Virtual 10:00 Stay Well Exercise-In Person & Virtual 10:00 Mah Jongg-In Person 10:45 Short Stories Class-In Person 1:00 Men's Group Virtual 1:00 Bingo-In Person 1:30 Blood Pressure Check</p>	<p>3/22 10:00 Tech Lab 10:00 Stay Well Exercise-Virtual 10:00 Mah Jongg-In Person 10:00 Tai Chi-In Person 10:00 Painting Class-In Person 10:30 Art Explorations-In Person & Virtual 11:00 Hebrew Short Stories-Virtual 1:00 Knitting Class-In Person</p>	<p>3/23 10:00 Stay Well Exercise-Virtual 10:00 Writing Class-Virtual 10:00 Baking with Galina 10:45 Arts & Crafts-In Person 12:45 Menu Meeting-In Person 1:15 Bliss Fit-Virtual & In Person 1:30 Water Aerobics-In Person</p>	<p>3/24 10:00 Tech Lab 10:00 Coffee & Coloring-In Person 10:00 Stay Well Exercise-Virtual 10:45 Functional Movement-In Person 11:00 Hebrew Short Stories-Virtual 1:00 Group Chat with Carmen-In Person 1:00 Chair Yoga-Virtual & In Person</p>	<p>3/25 10:00 Stay Well Exercise-Virtual & In Person 10:00 Hudson River Voices-In Person 10:45 Current Events-In Person 11:00 Men's Group-Virtual 12:45 Women's Labor Activism In Person & Virtual</p>
<p>3/28 9:30 Jacob's Talk-Virtual 10:00 Stay Well Exercise-In Person & Virtual 10:00 Mah Jongg-In Person 10:45 Jazz Appreciation-In Person 1:00 Men's Group-Virtual 1:00 Bingo-In Person 1:30 Blood Pressure Check-In Person</p>	<p>3/29 10:00 Tech Lab 10:00 Stay Well Exercise-Virtual 10:00 Mah Jongg-In Person 10:00 Tai Chi-In Person 10:00 Painting Class-In Person 10:30 Art Explorations-In Person&Virt. 11:00 Hebrew Short Stories-Virtual 1:00 Knitting Class-In Person 1:30 Health Talk-In Person&Virtual</p>	<p>3/30 10:00 Stay Well Exercise-Virtual 10:00 Writing Class-Virtual 10:00 Baking with Galina 10:45 Art Talk - Ancient Egypt-In Person & Virtual 12:45 Broadway Showcase-In Person 1:15 Bliss Fit-Virtual & In Person 1:30 Water Aerobics-In Person</p>	<p>3/31 10:00 Tech Lab 10:00 Coffee & Coloring-In Person 10:00 Stay Well Exercise-Virtual 10:45 Functional Movement-In Person 11:00 Hebrew Short Stories-Virtual 1:00 Group Chat with Carmen-In Person 1:00 Chair Yoga-Virtual & In Person 1:00 Book Club-Virtual</p>	<p>Lunch Daily at 11:45 Dining Room Seating Begins at 11:30 am</p> <p>Birthday Luncheon Tuesday Mar 15th One Seating</p>