

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p align="center"><b>JUNE 2022</b></p>  <p>Events listed in blue are detailed in the New and Noteworthy section</p>	<p align="center"><b>Tech lab every Tuesday and Thursday @ 10:00am</b></p>	<p>6/1 10:00 Stay Well Exercise-Virtual 10:00 Writing Class-Virtual 10:30 Silver shoes-In Person 12:45 Karaoke-In Person 1:15 Bliss Fit-Hybrid 1:30 Water Aerobics-In Person</p>	<p>6/2 9:45 Foreign Language Friends-In Person 10:00 Stay Well Exercise-Virtual 10:45 Functional Movement-In Person 11:30 Hebrew Short Stories-Virtual 12:45 B'way Rehearsals-In Person 1:00 Group Chat with Carmen-In Person 1:00 Chair Yoga-Hybrid</p>	<p>6/3 9:15 Stay Well Exercise-Hybrid 10:30 Hudson River Voices-In Person 11:00 Men's Group-Virtual 12:45 Friday Flick-NYAC Governors Island-Hybrid</p>
<p align="center"><b>6/6</b></p> <p align="center"><b>CLOSED</b></p> <p align="center"><b>(Shavuos Holiday)</b></p>	<p>6/7 10:00 Stay Well Exercise-Virtual 10:00 Tai Chi-In Person 10:00 Mah Jongg Intermediate-Hybrid 10:00 Painting Class-Hybrid 10:30 Art Explorations-Hybrid 11:30 Hebrew Short Stories-Virtual 12:45 B'way Rehearsals-In Person 1:00 Knitting-In Person 1:00 PICTURE WEEK-In Person</p>	<p>6/8 10:00 Stay Well Exercise-Virtual 10:00 Writing Class-Virtual 10:00 Baking with Galina-In Person 10:30 Self Defense-In Person 11:00 Tai Chi -Virtual 12:45 Karaoke-In Person 1:00 PICTURE WEEK-In Person 1:15 Bliss Fit-Hybrid 1:30 Water Aerobics-In Person</p>	<p>6/9 9:45 Foreign Language Friends-In Person 10:00 Stay Well Exercise-Virtual 10:45 Functional Movement-In Person 11:30 Hebrew Short Stories-Virtual 12:45 B'way Rehearsals-In Person 1:00 Group Chat with Carmen-In Person 1:00 Chair Yoga-Hybrid 1:00 PICTURE WEEK-In Person</p>	<p>6/10 9:15 Stay Well Exercise-Hybrid 10:30 Hudson River Voices-In Person 11:00 Men's Group-Virtual 12:45 Friday Flick-NYAC Waterfront Parks of NYC-Hybrid 1:00 PICTURE WEEK-In Person 3:00 Tai Chi-Virtual</p>
<p>6/13 9:30 Jacob's Talk-Virtual 10:00 Stay Well Exercise-Hybrid 10:30 Manicures-In Person 11:00 Current Events-In Person 12:45 General Membership meeting-In Person 1:00 Men's Group-Hybrid 1:00 Bingo-In Person 3:00 Tai Chi-Virtual</p>	<p>6/14 10:00 Stay Well Exercise-Virtual 10:00 Tai Chi-In Person 10:00 Mah Jongg Intermediate-In Pers. 10:00 Painting Class-Hybrid 10:30 Art Explorations-Hybrid 11:30 Hebrew Short Stories -Virtual 12:45 B'way Rehearsals-In Person 1:00 Knitting Class-In Person 12:30 Blood Pressure Check</p>	<p>6/15 10:00 Stay Well Exercise-Virtual 10:00 Writing Class-Virtual 10:00 Baking with Galina-In Person 10:30 NYPD Elder Abuse Prevention-In Person 11:00 Tai Chi -Virtual 11:00 Cooking live w/DFTA-Hybrid 12:45 Improv. w /Frank -In Person 1:15 Bliss Fit-Hybrid 1:30 Water Aerobics-In Person</p>	<p>6/16 9:45 Foreign Language Friends-In Person 10:00 Stay Well Exercise-Virtual 10:45 Functional Movement-In Person 11:30 Hebrew Short Stories-Virtual 12:45 B'way Rehearsals-In Person 1:00 Group Chat with Carmen-In Person 1:00 Chair Yoga-Hybrid</p>	<p>6/17 9:15 Stay Well Exercise-Hybrid 10:30 Hudson River Voices-In Person 10:30 Fitness Class-Virtual 11:00 Men's Group-Virtual 12:45 Friday Flick-Alive Inside: A Story of Music &amp; Memory 3:00 Tai Chi-Virtual</p>
<p>6/20 9:30 Jacob's Talk-Virtual 10:00 Stay Well Exercise-Hybrid 10:30 Manicures-In Person 10:45 Short Stories Class-"The Ramson of Red Chief" by O. Henry 11:00 Current Events-In Person 12:45 Walking Club-In Person 1:00 Men's Group-Hybrid 1:00 Bingo-In Person 3:00 Tai Chi-Virtual</p>	<p>6/21 10:00 Stay Well Exercise-Virtual 10:00 Tai Chi-In Person 10:00 Mah Jongg Intermediate-In Pers. 10:00 Painting Class-Hybrid 10:30 Art Explorations-Hybrid 11:30 Hebrew Short Stories-Virtual 1:00 Entertainment Reginald-In Person 1:00 Knitting Class-In Person 2:00 B'way rehearsals-In Person</p>	<p>6/22 10:00 Stay Well Exercise-Virtual 10:00 Writing Class-Virtual 10:00 Baking with Galina-In Person 11:00 Tai Chi -Virtual 12:45 Improv. w/Frank-In Person 1:15 Bliss Fit-Hybrid 1:30 Water Aerobics-In Person</p>	<p>6/23 9:45 Foreign Language Friends-In Person 10:00 Stay Well Exercise-Virtual 10:45 Functional Movement-In Person 11:30 Hebrew Short Stories-Virtual 12:45 B'way Rehearsals-In Person 1:00 Group Chat with Carmen-In Person 1:00 Chair Yoga-Hybrid</p>	<p>6/24 9:15 Stay Well Exercise-Hybrid 10:00 Trip to City Island-In Person 10:30 Hudson River Voices-In Person 11:00 Men's Group-Virtual 12:45 Turning negative thoughts into Positive actions 3:00 Tai Chi-Virtual</p>
<p>6/27 9:30 Jacob's Talk-Virtual 10:00 Stay Well Exercise-Hybrid 10:30 Manicures-In Person 11:00 Current Events-In Person 12:45 Walking Club-In Person 1:00 Men's Group-Hybrid 1:00 Bingo-In Person 3:00 Tai Chi-Virtual</p>	<p>6/28 10:00 Stay Well Exercise-Virtual 10:00 Tai Chi-In Person 10:00 Mah Jongg-In Person 10:00 Painting Class-Hybrid 10:30 Art Explorations-Hybrid 10:30 Hudson River Voices Perf-In Pers. 11:30 Hebrew Short Stories-Virtual 1:00 Knitting Class-In Person</p>	<p>6/29 10:00 Stay Well Exercise-Virtual 10:00 Writing Class-Virtual 10:00 Baking with Galina-In Person 10:00 Trip to Governor's Island 11:00 Tai Chi -Virtual 1:15 Bliss Fit-Hybrid 1:30 Water Aerobics-In Person</p>	<p>6/30 9:45 Foreign Language Friends-In Person 10:00 Stay Well Exercise-Virtual 10:45 Functional Movement-In Person 11:30 Hebrew Short Stories-Virtual 1:00 Group Chat with Carmen-In Person 1:00 Chair Yoga-Hybrid 1:00 Book Club "All Girls"-Virtual</p>	<p align="center"><b>Lunch Daily at 11:45 Dining Room Seating Begins at 11:30 am Birthday Party Tuesday June 21st One Seating</b></p>