


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>NOVEMBER 2022</p>  <p>Events listed in blue are detailed in the New and Noteworthy section</p>	<p>11/1 9:15 Stay Well Exercise-V 10:00 Tai Chi 10:00 Painting Class 10:00 Mah Jongg (FULL) 10:30 Art Explorations-H 11:30 Hebrew Short Stories -V 1:00 Knitting with Barbara 1:00 Silver Shoes</p>	<p>11/2 9:15 Stay Well Exercise-V 10:00 Ceramics (FULL) 10:00 Art Lecture 10:30 Chair Aerobics 12:30 Mah Jongg (Beg.) (FULL) 1:00 Karaoke 1:30 Water Aerobics</p>	<p>11/3 9:15 Stay Well Exercise-V 9:30 Spanish-Advanced Beginners 10:45 Functional Movement 11:30 Hebrew Short Stories-V 12:45 Mah Jongg (FULL) 1:00 Group Chat with Carmen 1:00 Chair Yoga-H</p>	<p>11/4 9:15 Stay Well Exercise-H 10:30 Meditation 10:30 Men's Group-H 11:00 Current Events 12:45 Friday Flicks: A Star is Born (2018)</p>
<p>11/7 9:15 Stay Well Exercise-H 9:30 Jacob's Schmooze-V 10:00 Adult Fitness 10:45 Women's Group 1:00 Bingo</p>	<p>11/8 9:15 Stay Well Exercise-V 9:30 Baking 10:00 Tai Chi 10:00 Mah Jongg (FULL) 10:00 Painting Class 10:30 Art Explorations-H 11:30 Hebrew Short Stories -V 1:00 Knitting with Barbara 1:00 Silver Shoes</p>	<p>11/9 9:15 Stay Well Exercise-V 10:00 Ceramics (FULL) 12:30 Mah Jongg (Beg.) (FULL) 1:15 Bliss Fit-H 1:30 Water Aerobics</p>	<p>11/10 9:15 Stay Well Exercise-V 9:30 Spanish-Advance Beginners 10:00 Trip to Paramus Mall 10:30 Nutrition Talk with Tamar 10:45 Functional Movement 11:30 Hebrew Short Stories-V 12:45 Health Talk 1:00 Group Chat with Carmen 1:00 Chair Yoga-H</p>	<p>11/11 9:15 Stay Well Exercise-H 10:30 Meditation 10:00 Adult Fitness-V 11:00 Current Events 12:00 Honoring our Veterans 12:45 Friday Flicks: Belfast (2021) 1:00 Belly Dancing</p>
<p>11/14 9:15 Stay Well Exercise-H 9:30 Jacob's Schmooze-V 10:00 Chess Clinic 10:30 Nutrition Talk Part II 1:00 Bingo</p>	<p>11/15 9:15 Stay Well Exercise-V 9:30 Baking 10:00 Tai Chi 10:00 Mah Jongg (FULL) 10:00 Painting Class 10:30 Art Explorations-H 11:30 Hebrew Short Stories -V 12:45 Mah Jongg (FULL) 1:00 Knitting with Barbara 1:00 Entertainment</p>	<p>11/16 9:15 Stay Well Exercise-V 10:00 Ceramics (FULL) 11:00 Trip-Eldridge Street Synagogue 10:30 Law and Order 12:30 Mah Jongg (Beg.) (FULL) 1:00 Karaoke 1:30 Water Aerobics</p>	<p>11/17 9:15 Stay Well Exercise-V 9:30 Spanish-Advance Beginners 10:45 Functional Movement 11:30 Hebrew Short Stories-V 1:00 Group Chat with Carmen 1:00 Chair Yoga-H</p>	<p>11/18 9:15 Stay Well Exercise-H 10:30 Men's Group-H 11:00 Current Events 12:45 Lecture—The Last Jews of Kerala</p> <hr/> <p>11/20 Open Sunday 10:00 Welcome Breakfast-New Members 11:45 Lunch 1:00 Talent Show</p>
<p>11/21 9:15 Stay Well Exercise-H 9:30 Jacob's Schmooze-V 10:00 Chess Clinic 10:00 Adult Fitness 1:00 Bingo</p>	<p>11/22 9:15 Stay Well Exercise-V 9:30 Baking 10:00 Tai Chi 10:00 Mah Jongg (FULL) 10:00 Painting Class 10:30 Art Explorations-H 11:30 Hebrew Short Stories-V 1:00 Knitting with Barbara 1:15 Entertainment</p>	<p>11/23 9:15 Stay Well Exercise-V 10:00 Ceramics (FULL) 10:30 FDNY on Fire Safety 12:30 Mah Jongg (Beg.) (FULL) 1:15 Bliss Fit-H 1:30 Water Aerobics</p>	<p>11/24 CLOSED THANKSGIVING</p>	<p>11/25 CLOSED THANKSGIVING</p>
<p>11/28 9:15 Stay Well Exercise-H 9:30 Jacob's Schmooze-V 10:00 Chess Clinic 10:45 Women's Group 1:00 Bingo</p>	<p>11/29 9:15 Stay Well Exercise-V 9:30 Baking 10:00 Tai Chi 10:00 Mah Jongg (FULL) 10:00 Painting Class 10:30 Art Explorations-H 11:30 Hebrew Short Stories-V 1:00 Knitting with Barbara 1:00 General Membership Meeting</p>	<p>11/30 9:15 Stay Well Exercise-V 10:00 Ceramics (FULL) 12:30 Mah Jongg (Beg.) (FULL) 1:00 Karaoke 1:30 Water Aerobics</p>	<p>Lunch Daily @ 11:45 Dining Room Seating Begins @ 11:30am</p> <p>Birthday Party Tuesday November 15th 11:30am</p> <p>Thanksgiving Lunch - Tuesday November 22 @ 11:30am</p>	<p>Blood Pressure Check Thursday 11/10 @ 10:00 am</p> <p>Food Pantry-Tuesday 11/15 1:00pm - 3:00pm (Back Parking Lot) Tech Lab Tuesdays & Thursdays @ 10:00am</p>