


# APRIL 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>4/2</b> 9:15 Come Alive Exercise 10:15 Water Aerobics 10:30 Co-Ed Rap Session 12:45 Knitting Class 1:00 Brain Games/Charades	<b>4/3</b> 9:15 Come Alive Exercise 10:00 Painting Class 10:00 Tai Chi 10:30 General Membership Meeting 10:45 Functional Movement 11:00 Hebrew Club 1:00 Sing a Long	<b>4/4</b> 9:15 Come Alive Exercise 10:15 Water Aerobics 10:30 Functional Movement 10:45 Current Events with Professor Heller	<b>4/5</b> 9:15 Come Alive Exercise 10:00 Improv Class 10:30 Lecture 11:00 Israeli Short Stories 1:00 Bingo	<b>4/6</b> <b>CLOSED</b>
<b>4/9</b> 9:15 Come Alive Exercise 9:30 Wisdom for Living 10:15 Water Aerobics 10:30 Tai Chi for Arthritis 10:30 Co-Ed Rap Session 10:30 Jacob's Philosophy Discussion 12:45 Knitting Class 1:00 Brain Games/Charades 1:00 Workshop	<b>4/10</b> 9:15 Come Alive Exercise 10:00 Painting Class 10:00 Tai Chi 10:30 Health Lecture 10:45 Functional Movement 11:00 Senator Klein's Help Desk 11:00 Hebrew Club 11:45 <b>BIRTHDAY PARTY CELEBRATION</b> 1:00 Entertainment 1:00 Meditation 	<b>4/11</b> 9:15 Come Alive Exercise 10:15 Water Aerobics 10:30 Functional Movement 10:45 Current Events with Professor Heller 1:00 Women's Discussion Group	<b>4/12</b> 9:15 Come Alive Exercise 10:00 Improv Class 10:15 Health Lecture 10:30 Group Discussion 11:00 Israeli Short Stories 1:00 Bingo 1:00 Digital Photography	<b>4/13</b> 9:15 Come Alive Exercise 10:00 Chorus 10:30 Tai Chi for Arthritis 1:00 Friday Schmooze 1:00 Bliss Fit: Yoga & Dance
<b>4/16</b> 9:15 Come Alive Exercise 9:30 Wisdom for Living 10:15 Water Aerobics 10:30 Tai Chi for Arthritis 10:30 Co-Ed Rap Session 10:30 Jacob's Philosophy Discussion 12:45 Knitting Class 1:00 Brain Games/Charades 1:00 Workshop	<b>4/17</b> 9:15 Come Alive Exercise 10:00 Painting Class 10:00 Tai Chi 10:30 lecture 10:30 Blood Pressure 10:45 Functional Movement 11:00 Senator Klein's Help Desk 11:00 Hebrew Club 12:45 Movie	<b>4/18</b> 9:15 Come Alive Exercise 10:15 Water Aerobics 10:30 Functional Movement 10:45 Current Events with Professor Heller 1:00 Computer Class 1:00 Meditation 1:00 Lecture	<b>4/19</b> 9:15 Come Alive Exercise 10:00 Baking Class 10:00 Improv Class 10:30 Health Lecture 10:30 Helen's Exercise Class 11:00 Israeli Short Stories 1:00 Bingo 1:00 Short Stories 1:00 Entertainment Café Europa Open to all	<b>4/20</b> 9:15 Come Alive Exercise 10:00 Chorus 10:00 Sports Documentary 10:30 Tai Chi for Arthritis 1:00 Friday Schmooze 1:00 Woodcraft Workshop New Class
<b>4/23</b> 9:15 Come Alive Exercise 9:30 Wisdom for Living 10:15 Water Aerobics 10:30 Tai Chi for Arthritis 10:30 Co-Ed Rap Session 10:30 Jacob's Philosophy Discussion 12:45 Knitting Class 1:00 Brain Games/Charades 1:00 Workshop	<b>4/24</b> 9:15 Come Alive Exercise 10:00 Painting Class 10:00 Tai Chi 10:00 Advisory Broad Meeting 10:30 Lecture 10:45 Functional Movement 11:00 Hebrew Club 11:00 Health Talk 12:45 Movie 1:00 Meditation	<b>4/25</b> 9:15 Come Alive Exercise 10:15 Water Aerobics 10:30 Functional Movement 10:45 Current Events with Professor Heller 12:30 Trip 1:00 Computer Class 1:00 Women's Discussion Group	<b>4/26</b> 9:15 Come Alive Exercise 10:00 Improv Class 10:00 Baking Class 10:30 Historical Trivia 10:30 Helen's Exercise Class 11:00 Israeli Short Stories 1:00 Bingo 1:00 Short Stories 1:00 Book Club 1:00 Digital Photography	<b>4/27</b> 9:15 Come Alive Exercise 10:00 Chorus 10:30 Discussion 10:30 Tai Chi for Arthritis 1:00 Friday Schmooze 1:00 Woodcraft Workshop New Class
<b>4/30</b> 9:15 Come Alive Exercise 9:30 Wisdom for Living 10:15 Water Aerobics 10:30 Tai Chi for Arthritis 10:30 Co-Ed Rap Session 10:30 Jacob's Philosophy Discussion 12:45 Knitting Class 1:00 Brain Games/Charades 1:00 Workshop	<b>LUNCH SERVED EVERYDAY AT 11:45 AM</b>			<b>OPEN SUNDAY, APRIL 29, 2018</b>  9:00am Doors Open 10:00pm Activities 11:45am Lunch 1:00pm Movie– Bomb Shell The Hedy Lemarr Story