

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p><b>SEPTEMBER 2021</b></p>	<p>9/1            10:00 Stay Well Exercise– Virtual            10:00 Writing Group- Virtual            1:00 Bliss Fit- In Person/Virtual            1:30 Aqua Aerobics</p>	<p>9/2            10:00 Stay Well Exercise– Virtual            10:45 Health Talk&amp; Slides- In Person            1:00 Chair Yoga- In Person/Virtual</p>	<p>9/3            10:00 Stay Well Exercise– In Person            11:00 Men’s Group– Virtual</p>
<p>9/6            CLOSED            LABOR DAY</p>	<p>9/7            ROSH HASHANAH</p>	<p>9/8            ROSH HASHANAH</p>	<p>9/9            10:00 Stay Well Exercise– Virtual            10:15 Functional Movement- In Person            1:00 Chair Yoga- In Person/Virtual            2:30 History Talk &amp; Slides- Virtual</p>	<p>9/10            10:00 Stay Well Exercise– In Person            10:30 Piano Concert- In Person with Andy Klima            11:00 Men’s Group– Virtual</p>
<p>9/13            10:00 Stay Well Exercise- Virtual            1:00 Lecture- In Person            1:00 Fitness Class- Virtual            1:00 Men’s Group– Virtual            1:00 Knitting Class– In Person</p>	<p>9/14            10:00 Stay Well Exercise- Virtual            10:00 Tai Chi- In Person            10:15 Functional Movement- In Person            1:00 History Talk &amp; Slides– In Person</p>	<p>9/15            10:00 Stay Well Exercise-Virtual            10:00 Writing Group– Virtual            1:00 Bliss Fit- In Person /Virtual            1:30 Aqua Aerobics</p>	<p>9/16            YOM KIPPUR</p>	<p>9/17            10:00 Stay Well Exercise- In Person            11:00 Men’s Group– Virtual</p>
<p>9/20            10:00 Stay Well Exercise- Virtual            10:00 Art Talk&amp; Slides– Virtual            10:15 Tai Chi-In Person-            TIME CHANGE            1:00 Men’s Group-Virtual            1:00 Knitting Class- In Person</p>	<p>9/21            SUKKOT</p>	<p>9/22            SUKKOT</p>	<p>9/23            10:00 Stay Well Exercise– Virtual            10:15 Functional Movement- In Person            12:45 Program in Sukkah            1:00 Chair Yoga- In Person/Virtual</p>	<p>9/24            10:00 Stay Well Exercise- In Person            10:00– 2:00pm-Flu Shots            11:00 Men’s Group– Virtual</p>
<p>9/27            10:00 Stay Well Exercise- Virtual            10:15 Tai Chi-In Person–            TIME CHANGE            1:00 Men’s Group- Virtual            1:00 Knitting Class- In Person</p>	<p>9/28            SIMCHAT TORAH</p>	<p>9/29            SIMCHAT TORAH</p>	<p>9/30            10:00 Stay Well Exercise– Virtual            10:15 Functional Movement– In Person            10:30 Musical Entertainment In Person            1:00 Chair Yoga- In Person/Virtual</p>	<p><b>LUNCH SERVED EVERYDAY</b></p> <p><b>AT 11:45 AM</b></p>