




DECEMBER MENU 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		12/1 BAKED LEMON COD Orzo Pasta Broccoli Orange	12/2 BRISKET W/ GRAVY Roasted Vegetables Potato Latkes Dinner Rolls Jelly Donuts Soup Applesauce CHANUKAH LUNCHEON 	12/3 ROSEMARY CHICKEN Yellow Rice California Blend Pears
12/6 HAMBURGERS Roasted Sweet Potato Fries Garden Salad Watermelon	12/7 TUNA CAKES Cous Cous Slice Carrots Fruit Salad	12/8 OVEN FRIED CHICKEN Bowtie Pasta w/ Kasha Steamed Broccoli Grapes	12/9 BREADED FISH Brown Rice Steamed Green Beans Fresh Pineapple	12/10 BAKED CHICKEN Sweet Baked Yams Collard Greens Sliced Canned Peaches
12/13 BBQ CHICKEN Yellow Rice Steamed Zucchini Strawberries	12/14 BAKED ZITI WITH MEAT SAUCE Fresh Tomatoes & Cucumbers Penne Garden Salad Apple	12/15 CHICKEN CEASER SALAD Garlic Bread Banana	12/16 IMPOSSIBLE MEAT CHILI Brown Rice Sauteed Spinach Tangerine	12/17 BAKED CHICKEN QUARTERS Bowtie Kasha Mixed Vegetables Watermelon
12/20 BEEF & BROCOLI Teriyaki Sauce Rice Grapes	12/21 BAKED SALMON Baked Sweet Potato California Blend Sliced Canned Peaches 	12/22 MEAT LOAF Mashed Potatoes With Gravy Baby Carrots Banana	12/23 TUNA SALAD PLATTER Lettuce & Tomatoes Oranges	12/24 BBQ CHICKEN Acorn Squash Collard Greens Apple
12/27 BAKED CHICKEN Wide Noodles Broccoli Tangerines	12/28 STUFFED BAKED FISH Hor d'oeuvres Orzo Pasta Roasted Vegetables Fruit Salad NEW YEAR'S PARTY 	12/29 TURKEY WINGS AND LEGS Sweet Potatoes Mixed Green Salad Orange	12/30 UNSTUFFED CABBAGE Brown Rice Carrots Orange	12/31 BAKED CHICKEN QUARTERS Brussels Sprouts Roasted Potatoes Pears
Kashrut Supervised by the Vaad of Riverdale			Funded by the New York City Department for the Aging and your Contributions.	
MENU SUBJECT TO CHANGE WITHOUT PRIOR NOTICE				