MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/3 9:30 Jacob's talk-Virtual 10:00 Stay Well Exercise-In Person 11:00 Walking Club-In Person 1:00 Men's Group-Virtual 1:00 Bingo In Person	01/4 10:00 Stay Well Exercise-Virtual 10:00 Tai Chi-In Person 10:00 Painting-In Person 11:00 Hebrew Short Stories-Virtual 1:00 Knitting-In Person	1/5 10:00 Stay Well Exercise-Virtual 10:00 Writing Class-Virtual 10:15 Webinar-Upper West Side In Person 1:00 Bliss Fit-In Person & Virtual 1:00 Water Aerobics-In Person	1/6 10:00 Coloring Group-In Person 10:00 Stay Well Exercise-Virtual 10:45 Functional Movement-In Person 11:00 Hebrew Short Stories-Virtual 1:00 Group Chat with Carmen-In Person 1:00 Chair Yoga-In Person &Virtual	1/7 10:00 Stay Well Exercise- In Person 10:45 Current Events-In Person 12:45 Friday Films-In Person
1/10 9:30 Jacob's Talk-Virtual 10:00 Stay Well Exercise-In Person 10:30 Talk-Seeking Help-In Person 11:00 Walking Club-In Person 12:45 Health Talk-Covid19-In Person 1:00 Men's Group-Virtual 1:00 Bingo-In Person	1/11 10:00 Stay Well Exercise-Virtual 10:00 Tai Chi-In Person 10:00 Painting Class–In Person 11:00 Hebrew Short Stories Virtual 1:00 Knitting Class-In Person 1:00 History talk-Intrepid-Virtual	1/12 10:00 Stay Well Exercise-Virtual 10:00 Writing Class-Virtual 10:30 Rock&Roll Talk-In Person 1:00 Bliss Fit-Virtual & In Person 1:00 Water Aerobics-In Person	1/13 10:00 Coloring Group--In Person 10:00 Stay Well Exercise-Virtual 11:45 Functional Movement-In Person 11:00 Hebrew Short Stories-Virtual 1:00 Group Chat with Carmen-In Person 1:00 Chair Yoga-Virtual & In Person	1/14 10:00 Stay Well Exercise- In Person 10:00 Short Stories-Virtual 10:45 Current Events-In Person 12:45 Friday Films-In Person
1/17 9:30 Jacob's talk-Virtual 10:00 Stay Well Exercise-In Person 10:30 Short Stories-Virtual 11:00 Walking Club-In Person 1:00 Men's Group-Virtual	1/18 10:00 Stay Well Exercise-Virtual 10:00 Tai Chi-In Person 10:00 Painting Class–In Person 11:00 Hebrew Short Stories Virtual 1:00 Knitting Class-In Person 1:30 Entertainment-In Person	1/19 10:00 Stay Well Exercise-Virtual 10:00 Writing Class-Virtual 11:00 Cooking Live Virtual & In Person 1:00 Bliss Fit- Virtual & In Person	1/20 10:00 Coloring Group-In Person 10:00 Stay Well Exercise-Virtual 10:45 Functional Movement-In Person 1:00 Group Chat with Carmen In Person 1:00 Chair Yoga-Virtual & In Person	1/21 10:00 Stay Well Exercise In Person 10:30 Fitness Class-Virtual 10:45 Current Events In Person 12:45 Webinar-Art-Culture- In Person
01/24 9:30 Jacob's Talk-Virtual 10:00 Stay Well Exercise-In Person 10:45 Law&Order-In Person 11:00 Walking Club-In Person 1:00 Men's Group Virtual 1:00 Bingo-In Person	1/25 10:00 Stay Well Exercise-Virtual 10:00 Tai Chi-In Person 11:00 Hebrew Short Stories-Virtual 1:00 Knitting Class-In Person 1:30 Discussion with Christina Virtual & In Person	1/26 10:00 Stay Well Exercise-Virtual 10:00 Writing Class-Virtual 10:45 Piano Concert-In Person 1:00 Bliss Fit-Virtual & In Person 1:00 Water Aerobics-In Person	1/27 10:00 Coloring Group-In Person 10:00 Stay Well Exercise-Virtual 10:45 Functional Movement-In Person 11:00 Hebrew Short Stories-Virtual 1:00 Group Chat with Carmen-In Person 1:00 Chair Yoga-Virtual& In Person 1:00 Book Club-Virtual	1/28 10:00 Stay Well Exercise In Person 10:45 Current Events-In Person 12:45 Friday Films-In Person
1/31 9:30 Jacob's Talk-Virtual 10:00 Stay Well Exercise-In Person 11:00 Walking Club-In Person 1:00 Men's Group-Virtual 1:00 Bingo-In Person	**LUNCH AT 11:45AM EVERY DAY. SEATING BEGINS AT 11:30**	JANUARY 2022	**BIRTHDAY LUNCHEON TUES, 01/18/22 11:30AM TO 12:30PM 12:30PM TO 1:30PM**	